

GIVE YOURSELF THE COMPETITIVE EDGE

WITH VISION TRAINING FROM **THE EDGE TRAINER**

The Edge Trainer from Vizual Edge is a simple web-based training tool designed to improve the speed, coordination, and efficiency of your eye movements. All CCM participants will take a **free** baseline evaluation during the showcase weekend.

Training with the Edge Trainer, athletes can improve positional and spatial awareness, stick handling, passing, face-off reaction and one-timer success! With an in-depth database of NCAA, AHL and NHL players, we are able to provide detailed analysis on positional player comparisons. These customized reports are designed to help you evaluate, analyze and train players. Special pricing for training programs can be found using the link at the bottom of this page.



THE SETUP



**3D GLASSES
PROVIDED**



**15 MINUTES
PER SESSION**



**3-5 SESSIONS
PER WEEK**

THE SYSTEM



EVALUATE

Evaluate athlete's proficiency in the six core visual skills.

ANALYZE

Analyze the athlete's visual strengths and weaknesses and compare to athletes who play the same positions.

TRAIN

Train core visual skills for optimal hockey performance.

THE PLAN

UNLIMITED TRAINING

Evaluate and train during and between seasons

BENCHMARKING

Comprehensive athlete benchmarking

REPORTS

In-depth review and custom player reporting

SUPPORT

Online and phone support throughout the subscription as needed.

GLASSES

One set of premium Vizual Edge 3D glasses per player.

ACCESS THE COMPETITIVE EDGE

In order to accurately create a comprehensive picture of what's happening around us, we depend upon six core visual skills. Each visual skill can impact different aspects of a player's game. For optimal hockey performance, players should aim to maximize their proficiency in each of the skills shown below.



ALIGNMENT

Proper alignment creates no difference between the perceived location and actual location of an object.

- Accurately hitting intended target (passing & shooting)



DEPTH

Depth perception uses both eyes to locate objects in space to judge their distance, speed and direction.

- Accurately line up checks, and find rebounds in tight spaces



CONVERGENCE

Convergence is the ability to focus on objects within close proximity and judge their movement.

- General puck control (stick handling and passing)



DIVERGENCE

Divergence is the ability to locate objects in the distance, impacting an athlete's ability to anticipate and react.

- Ability to quickly pick head up and find open teammates to make a pass



RECOGNITION

Recognition is the ability to observe, process and recall a series of visual targets, and respond properly.

- General hockey sense & understanding in-game patterns



TRACKING

Tracking allows you to follow an object while continuously monitoring all other aspects of the game.

- Monitoring of developing play and overall reaction times



NHL SPOTLIGHT

	FORWARD	DEFENSEMAN	GOALIE	GOALIE
Classification	All-Star	All-Star	Backup	Starter
Edge Score	88.6	86.5	81.4	88.8
Eye Alignment	1A	1A	0	0
Depth	4	4	4	4
Convergence	69	60	34	63
Divergence	21	15	9	40
Recognition (s)	0.71	0.54	1.05	0.82
Tracking (s)	0.58	0.55	0.60	0.62

TRAIN LIKE A PRO

GET STARTED TODAY AND SEE HOW YOUR CORE-SIX VISUAL
SKILLS SCORES STACK UP AGAINST THE WORLD'S BEST